12029 113th Ave NE
Kirkland, WA 98034

Residence XII
alcohol & chemical dependency treatment for women

(425) 823-8844
(800) 776-5944

About Us

Located in Kirkland, Washington, Residence XII is the Northwest's premier non-profit alcohol and chemical dependency treatment center for women and their families. Opened in 1981, we have treated more than 8,000 women, and their families, with alcohol and chemical dependency. Our clients are women of all ages (18+), from all over the United States and Canada. With diverse backgrounds, ethnicity, education and economic standing, what they all have in common is a desire to overcome the challenges of addiction in order to achieve a happy and productive life in recovery.

Our Programs

Because women tend to hide their alcohol and drug abuse, and suffer more shame for it, Residence XII has designed all treatment programs around the special needs of women in treatment and recovery. All of our programs are abstinence-based using a 12-step program principle. They focus on the disease of addiction, guilt and shame, self-esteem, assertiveness, life skills for sobriety, nutrition, and relationship issues.

All of Residence XII's treatment plans include a Family Program element that helps family members learn how to support the woman in recovery as they focus on their own recovery. Through lectures, family sessions, and support groups, family members learn more about the disease of addiction, relapse prevention, codependence and boundaries. The Family Program is open to the public.

Our Services

- Evaluations and Referrals
- Residential Treatment
- Intensive Outpatient
- Relapse Prevention
- Continuing Care
- Family Programs

Residence XII provides free assessments and referrals. We have strong relationships with hospitals and the healthcare community both locally and nationally. We also work closely with Employers' Human Resource departments as well as EAP and SAP professionals. By returning healthy employees back to the workplace, we are able to help employers reduce the costs associated with addiction in the workplace. Residence XII is CARF Accredited and State Certified and our services are covered by most health insurance plans.

Our Mission

At Residence XII, we know the impact of addiction. When a woman is deep in her alcoholism or drug abuse, everyone and everything is affected; her family, her friends, her workplace, her community, and her quality of life. That's why we are committed to eliminating the stigma associated with women seeking treatment by returning healthy, functional women back to their families, employers, and communities: so that everyone can benefit from a happy, productive and meaningful life in recovery.

Management

Executive Director: Sharon Chambers, LICSW, CDP

Treatment Director: Wendy Clark, MA, LMHC,

Director of Administration: Lori Fregin

Director of Marketing: Susan Ross

Director of Development: Pat Dye

Utilization Review & Outpatient Coordinator: Sandra Free, BS, CDP

Inpatient Coordinator: Regina Hawkins, MSEd, CDP Assessment

Referral Coordinator: Karen Canida, BA, CDP

For more information about Residence XII, visit us online at **www.residencexii.org** or call 425-823-8844.