

Annual Report

DIRECTOR'S CORNER

Despite Challenges, There is Still Much to Celebrate at Residence XII

by Sharon Chambers, Executive Director

Greetings to you all. There is much to celebrate as I review the developments at Residence XII at the end of our most recent fiscal year (June 2009-July 2010). Although our economy continues to struggle at all levels in our state and in the nation, Residence XII remains focused on our mission of serving as many women and families in need of chemical dependency treatment as possible. The unemployment rates for women and families seeking our services have escalated. Due to the on-going generosity of many of you, our committed donors, we have expanded our scholarship program to help meet the increased demand.

Major events of the fiscal year 2010 we want to share with you include:

- We successfully completed a two-year research project on mindful awareness using massage and other techniques in work with women who struggle with chronic pain issues. These results are very promising and an expanded study on this topic may follow.
- Despite our slowdown in expansion plans, we have continued to work with the City of Kirkland and several contractors to explore expansion of our facility when the economy has improved.
- We had a dramatic increase in alumnae involvement in our program during this year. Alumnae are now attending monthly potlucks with the women in residential treatment with the goal of easing their re-entry to the community by having already established "sober sisters" in place. We



Residence XII Sober House (exterior)



Residence XII Sober House (interior)

Current Board Members

As of June 30, 2010

Nicki Carrillo

Bill Cross

Shannon Girlando

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Sharon Nelson

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Despite Challenges, There is Still Much to Celebrate at Residence XII

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have also increased our annual alumnae events to include the December Candlelight Meeting, the summer Alumnae Picnic and two Alumnae Retreats.

- We completed our national survey with the Commission on Accreditation of Rehabilitation Facilities (CARF) with high praise. We were given a full accreditation of three years which Residence XII has now achieved five times in a row. The surveyors also gave Residence XII a rare commendation for the strong family program in all levels of treatment.
- Residence XII hosted the Third Annual Power of Recovery Luncheon at the Bellevue Hyatt. We filled the room, exceeded our financial goal and had a terrific program.
- The Board Governance Committee has been diligently working to define board roles, recruit new members and provide an effective Board orientation process for those who join our leadership group.
- Residence XII had several major supporters die this year. Margie Clemente, the founder of Residence XII, died in January. Other losses include major donors Chuck Anderson and Marceil Ten Eyck. They will be missed but have left a legacy here.
- Given the slowdown in our expansion plans, we decided to convert one of our rental houses into a sober house for five women. Moving forward required an extensive amount of remodeling work which was funded by one of our very generous donors. The house was almost completely furnished by donations from alumnae, board members and the local community. It was ready for occupancy in July and we believe it will be highly successful.

In closing on this summary of another year, I thank you for your continued support of the life-changing and life-saving work of Residence XII. Your support helps us keep high quality treatment for women affordable and available to those women and families who still struggle with the disease of addiction.



**Sharon Chambers,
Executive Director**

Residence XII News

Expansion planning update

In early fall Residence XII completed a fundraising feasibility study with the assistance of the Collins Group. The biggest take-away was that although Residence XII is viewed as a vital community resource, it is unlikely in the current economic climate that we could raise the more than \$7 million dollars needed for our current expansion plans. The board and management team are now working on refining our expansion and fundraising strategies.

Fourth Annual Power of Recovery Luncheon

More than 500 people attended the Power of Recovery Luncheon on September 29, 2010 at the Bellevue Hyatt. The event raised more than \$145,000 in support of Residence XII's mission to treat women and families facing the disease of addiction.

A second sober house

Another one of Residence XII's rental homes became available in the fall and it is being converted into a second sober house. The house should be ready early next year. The first sober house opened in July and has remained full.

Residence XII in the media

A columnist for the *New York Daily News* cited Residence XII as one of three top notch gender specific treatment programs in the country. During October and November we also ran a radio and advertising campaign and saw a boost in Internet traffic and phone calls.



Fourth Annual Power of Recovery Luncheon draws a crowd.



Residence XII program recognized in the media.

Thank You to Our Generous Donors (July 2009 - June 2010)

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**Residence XII
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in memory of the
following:**
Margie Clemente
Marciel Ten Eyck
Nora McCormick
Ratcliffe Chrystal
Kerry McConnell

**"Circle of Recovery"
Wisdom Level -
\$50,000**
Mary Pigott*

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James Fox*
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* Founding Circle of
Recovery Donor

Financial Information

For fiscal year 2010 (July 2009-June 2010)

Assets

Current Assets

Cash & cash equivalents	\$85,343
Accounts receivable	\$337,334
Current portion of pledges receivable	\$73,494
Prepaid expenses	\$10,307
Assets whose use is limited	\$383,574
Total Current Assets	\$890,052

Other Assets

Pledges receivable, net of current portion	\$101,240
Assets restricted for capital purchases	-
Assets whose use is limited, net of current portion	\$238,367
Construction in progress	\$661,805
Property and equipment, net	\$5,270,952
Total Other Assets	\$6,272,364

Total Assets

\$7,162,416

Liabilities and Net Assets

Current Liabilities

Current portion of note payable	\$52,000
Accounts payable	\$94,805
Accrued liabilities	\$85,744
Total Current Liabilities	\$232,549

Note Payable, net of current portion

\$2,146,791

Net Assets

Unrestricted-board designated	\$418,982
Unrestricted-undesignated	\$4,161,136
Temporarily restricted	\$202,958
Total Net Assets	\$4,783,076

Total Liabilities & Net Assets

\$7,162,416

Revenue & Support

Revenue

Patient services revenue	\$3,011,943
Contract revenue	\$23,918
Investment income	\$63,698
Rental revenue (net of expenses)	\$4,524
Misc revenue	\$8,309

Support

Contributions	\$262,026
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Total Revenue and Support \$3,374,418

Expenses

Program services	\$2,597,464	82%
Management & general expenses	\$363,180	12%
Fundraising (includes feasibility study)	\$190,135	6%

Total Expenses Before Depreciation \$3,150,779

2010 Entry Statistics

Age		Drug of Choice		County/State/Country	
18-20:	5.86%	Alcohol dependence:	53.58%	King County:	50.2%
21-30:	21.55%	Opioid dependence:	17.81%	Snohomish County:	19.9%
31-40:	19.67%	Cannibus dependence:	10.17%	Pierce / Thurston / Kitsap:	9.6%
41-50:	30.54%	Sedative / hypnotic:	8.74%	Skagit / Whatcom / Island:	5.4%
51-60:	17.78%	Amphetamine:	3.97%	Rest of Washington:	10.3%
61 & above:	4.6%	Cocaine dependence:	3.34%	Out of State:	4.6%
		Polysubstance:	2.38%		

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Upcoming Residence XII Events

Free Intervention Classes

The second Monday of each month from 6:30-8 p.m. at Residence XII. Class size is limited. Call 425-823-8844 to register.

Women's AA Meeting "Sober Gals"

Tuesday evenings from 7-8:30 p.m., Oak Room

LBTQ Women's Group Sessions

Tuesday evenings from 5:30-7 p.m.
Call 425-823-8844 to register.

Free Family Classes

Family classes meet for three consecutive weeks on Tuesday and Wednesday evenings from 7-8:30 p.m.

Monthly Alumnae Potluck

Third Friday of the Month:

December 16, January 21, February 18

6-8 p.m. in the Oak Room at Residence XII. Contact Pat Dye at 425-823-8844 or PDye@residencexii.org for more information.

Alumnae Retreat — Save the Date

Alumnae retreat is scheduled for June 10-12, 2011 at Rainbow Lodge. More details to come.

Community Tours of Residence XII

Learn about addiction treatment and the programs offered at Residence XII while touring our facility from a patient's perspective. Tours are available by appointment. Please contact Pat Dye at 425-823-8844.